

Day 2 Preschool Blizzard Bag Assignment

Ingredients

- 1 cup salt
- 2 cups all purpose flour
- 1 cup luke warm water

Directions

- 1.** In a large bowl mix salt and flour.
- 2.** Gradually stir in water. Mix well until it forms a doughy consistency.
- 3.** With your hands form a ball with your dough and knead it for at least 5 minutes. The longer you knead your dough the smoother it will be.
- 4.** After you make your dough with your child, roll it into long "snakes".
- 5.** Use your "snakes" to make the letters of your child's name. Let them make the letters as well. Have your child practice saying the letters that you/they make.
- 6.** After you work on letters you can make anything you want with the dough, including numbers, snakes, snowmen or pizza. (These are just a few things that we make at preschool while playing with dough. I am sure your child can think of many other things to make with the dough.)
- 7.** Take pictures of their dough names or creations and send them to school or email them to your child's teacher. Pictures are due by April 16th.

Extensions

You can store your salt dough in an airtight container and you will be able to use it for days.

You can **paint** your creations with acrylic paints and seal with varnish or polyurethane spray.

You can let your salt dough creations air dry, however salt dough can also be dried in the oven. **Bake** at 200°F until your creation is dry. The amount of time needed to bake your creations depends on size and thickness; thin flat sculptures may only take 45-60 minutes, thicker creations can take 2-3 hours or more. You can increase your oven temperature to 350 F, your dough will dry faster but it may also brown, which won't matter if you are painting your entire creation (you can also cover your dough in the oven before it turns brown).

If you do decide to bake the letters of your child's name, see if they can put them in the correct order.

There are a few options **to color your salt dough**: **1.** Add powdered tempera paint to your flour, **2.** Add food coloring or paint to the water before you mix it with the salt/flour, or **3.** Add natural coloring and a yummy smell with things like instant coffee, cocoa or cinnamon.